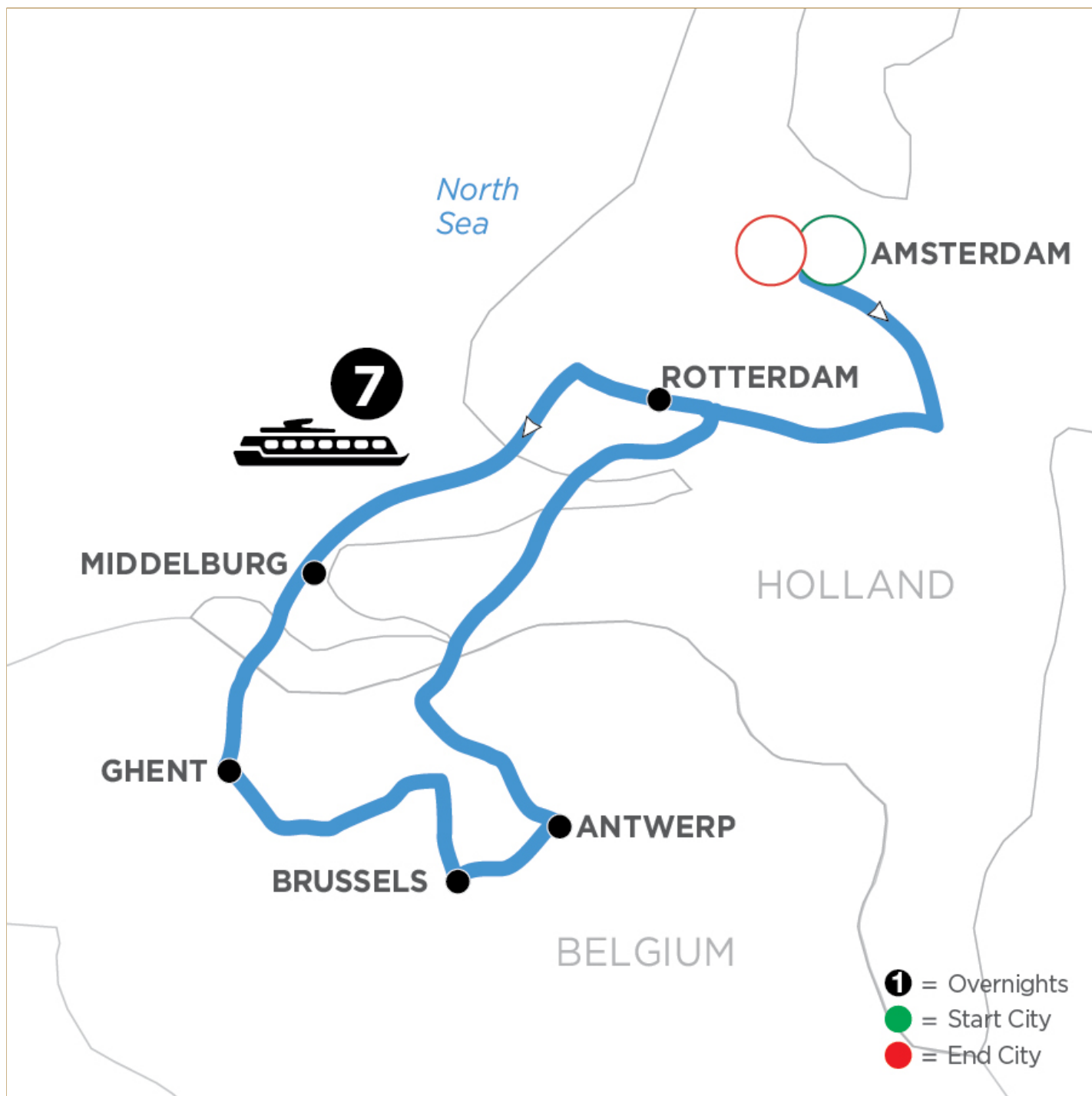


8 DAY ACTIVE & DISCOVERY
IN HOLLAND & BELGIUM (WAD)



There's no better way to spring into action and catapult into culture than on an Avalon Active & Discovery cruise to the Netherlands and Belgium. Belgian chocolate workshop, classic paintings, and even graffiti walls glow brighter when you experience them in the most interactive ways.

Discover the graceful ways of Holland on an Active & Discovery cruise. The way the wind moves the grasses beneath the stalwart windmills of the "Low Countries;" how the city cobblestones buzz with the ubiquitous bicycles and lively cafes and canals in Amsterdam; or the narrow houses evoking a time gone by. The visions of Holland come to life as you float past unforgettable scenes, pedal past incomparable views, and unleash your inner artist with a graffiti

workshop. On an Active & Discovery cruise, our varied selection of Classic, Discovery and Active excursions from Amsterdam to Brussels and back lets you experience Holland and Belgium in the ways that move you most.

Move.

Enjoy a little get-up-and-go on your cruising vacation when you:

- Soak in castle and farmland views on a walk through the woods and dunes of Domburg.
- Pedal past polders, dykes, and quaint centuries-old villages through the Dutch countryside.
- Take an architectural bike tour through Rotterdam to see the design highlights of Europe's largest seaport.

And be moved.

Get off the beaten path and relish the world when you:

- Visit a century-old oyster town in Middleburg and savor the catch of the day.
- Paint the town red, green or whatever color you choose on an interactive tour of Ghent's Graffiti Street.
- Discover your inner artist at a Delft tile pottery workshop in Rotterdam or a painting class in Amsterdam.

Plus, Classic sightseeing is always available in every port along the way.

Activate your senses and discover a world of wonder in all-new, entirely "you" ways on your personal, passion-packed cruise along the waterways of Holland and Belgium.

CRUISE OVERVIEW

8

DAYS

/

2

COUNTRIES



COUNTRIES

Netherlands

Belgium

ITINERARY

1

AMSTERDAM, HOLLAND (EMBARKATION)

How Suite It Is! Welcome Aboard Your Avalon Suite Ship®.

Flights into Amsterdam must arrive by 3:30 pm.

Guests must be on board ship by 5 pm.

During tulip season, you may take a Guided Optional Excursion to Keukenhof gardens—with more than seven million tulips, daffodils, and hyacinths, as well as other bulbs, planted each year.

Outside of tulip season, join a Guided Optional Excursion to Zaanse Schans to see historic windmills and charming Dutch houses.

EVENING/OVERNIGHT CRUISE TO MIDDELBURG

 Dinner

2

MIDDELBURG

A Castle Moat, an Oyster Town and Dutch Sea Trade

Join your Adventure Host for today's special activities.

**ACTIVE EXCURSION**

Take a Guided Walk through woods and dunes; see Castle Westhove and farmlands of the beautiful North-Sea area, OR:

**DISCOVERY EXCURSION**

Enjoy a Guided Visit to Yerseke, the most famous Dutch Oyster Town, active in the cultivation of crustaceans and shellfish in the Netherlands since the early 1900's. A taste of oysters and lobster, accompanied by a glass of wine is the perfect ending to this beautiful experience, OR:

**CLASSIC EXCURSION**

Join a Guided Walking Tour through the winding cobblestones and canals of Middelburg. See the 15th-century Gothic Town Hall and learn about its important role in the spice trade and Dutch East India trading.

EVENING/OVERNIGHT CRUISE TO GHENT

 Breakfast  Lunch  Dinner

3

GHENT, BELGIUM

Flemish Artwork and Street Artists



ACTIVE EXCURSION

Explore the outskirts of the city and the lesser-known sights on a Guided Bike Tour, OR:



DISCOVERY EXCURSION

Join a Guided Tour of Graffiti Street, where artists create striking spray-can art to their heart's content. And do not miss the chance to become an artist yourself, creating your street art, OR:



CLASSIC EXCURSION

Explore Ghent—"The Diamond of Flanders"—with a Guided Sightseeing Tour of this showcase of medieval Flemish wealth. You'll visit St. Bavo's Cathedral—with its remarkable Flemish artwork.

Alternatively, you may choose to join a full-day Guided Optional Excursion of Bruges to explore its canals, cobbled streets, and medieval buildings. You'll see its crisscrossed canals, the 13th-century belfry of Market Square, and charming patrician houses. You won't miss the opportunity to explore Ghent since this Optional Excursion ends with an orientation walk of the "Diamond of Flanders."

EVENING/OVERNIGHT CRUISE TO BRUSSELS



Breakfast



Lunch



Dinner

Ancient Streets, and Chocolate Sweet



ACTIVE EXCURSION

Take a Bike Tour to explore the beauty near Brussels, including the Belgian town of Laken, home to the Royal family estates, exotic pavilions from the world expo, and beautiful parks and lanes, OR:



DISCOVERY EXCURSION

Join a Belgian chocolate-making Workshop to learn how to create your own delicious candies. Enjoy a cup of the finest hot chocolate, while crafting traditional confections of pralines and mendiants from scratch, OR:



CLASSIC EXCURSION

Join a Guided Tour of Brussels, see the Town Hall with its landmark buildings, discover the many local bars, cafés, and shops of the Lower Town Streets, and visit the Atomium.

The afternoon is free to explore Brussels —considered home to the European Union--and admire its magnificent palaces and cathedrals.

Later enjoy live entertainment onboard.

OVERNIGHT CRUISE TO ANTWERP



Breakfast



Lunch



Dinner

5

ANTWERP

Bike Riding, Brave New Worlds, and Rubens' Art

Join your Adventure Host for today's special activities.



ACTIVE EXCURSION

Enjoy a Bike Tour and discover centuries of history and a story around every corner. Don't miss out the unique atmosphere of small neighborhoods and squares, OR:



CLASSIC EXCURSION

Join a Guided Tour of the Red Star Line Museum. Follow the footsteps of the emigrants, become acquainted with the Red Star Line passengers and accompany them on their trip from their native village via Antwerp to the new world*, OR:



CLASSIC EXCURSION

Take a Guided Tour of this sophisticated city to visit the central Grote Markt, lined with 16th-century guildhall houses. You'll also see the beautiful city hall, the Cathedral of Our Lady with its stunning altarpiece paintings by Rubens.

This afternoon take time on your own to indulge in Antwerp's signature Belgian waffles and crêpes—or explore this bike-friendly city from its old wharfs to its legendary diamond district.

EVENING/OVERNIGHT CRUISE TO ROTTERDAM

*On departures May 7 & September 3 this excursion will be replaced by a Guided Tour of the Royal Museum of Fine Arts.

 Breakfast  Lunch  Dinner

6

ROTTERDAM, HOLLAND

Avant-garde Architecture and Art Lessons



ACTIVE EXCURSION

Take a unique Architecture Bike Tour to see the architectural highlights of Rotterdam. Do not miss the interesting Cube Houses, the popular Market Hall, the spectacular Erasmus Bridge, the vertical city 'De Rotterdam,' and the iconic Central Station. In the city center, admire how historic buildings lash cheerfully with hypermodern skyscrapers. OR:



DISCOVERY EXCURSION

Attend a Pottery Workshop. In a characteristic painter's room, a professional painter will guide you through the process of painting a Delft tile, OR:



CLASSIC EXCURSION

Join a Guided Sightseeing Tour of Rotterdam featuring unusual collection of cube houses innovative architecture, including the marvelous Erasmus Bridge, and plenty of other fascinating sites.

Before dinner, enjoy a cruise through Rotterdam harbor.

In the evening, enjoy live entertainment on board.

EVENING/OVERNIGHT CRUISE TO AMSTERDAM

 Breakfast  Lunch  Dinner

7

AMSTERDAM

Colorful Canals of Amsterdam



ACTIVE EXCURSION

Join a Guided Kayak Tour which provides a unique perspective of Amsterdam from the waters of its magnificent canals, OR:



DISCOVERY EXCURSION

Take a Tour to the Street Art Museum, see nearly 200 large-scale artworks featuring artists from around the world. Afterwards, attend a hands-on workshop with an instructor who will guide you in creating your own group mural to discover your inner artist, OR:



CLASSIC EXCURSION

Discover the true beauty of Amsterdam with an off-the-beaten-path Guided Walking Tour through its cobblestone streets for a captivating look at this legendary city, OR:



CLASSIC EXCURSION

Enjoy a Guided Canal Cruise to explore the iconic waterways and sites of Amsterdam.

This afternoon, choose among the Guided Optional Excursions available or take some free time to explore Amsterdam's colorful streets and canal houses, galleries, and shops.

OVERNIGHT DOCKING IN AMSTERDAM



Breakfast



Lunch



Dinner

8

AMSTERDAM (DISEMBARKATION)

Your cruise ends with breakfast this morning.



Breakfast

NOTES

- In the event of technical or water level issues, it may be necessary to operate the itinerary by motorcoach or alter the program, including hotel overnight when necessary.
- Guided Tours, Optional Excursions, activities, sailing and docking schedules may be contingent on weather conditions or other issues outside of our control and could therefore be subject to change at any time.
- Please check visa requirements with your local consulate(s); responsibility for obtaining visas rests with the traveler.

HAND-PICKED

HOTELS

We've vetted and hand-selected the best hotels around the world with location, comfort, and style in mind. Enjoy first-class hotels in each destination, and check in with the confidence that we've already checked everything out for your comfort and convenience.

Amsterdam

1

Westcord Jakarta

Javakade 766



WiFi

SuperiorFirst-Class Hotel as shown or similar

A unique sustainable hotel in Amsterdam, where two worlds connect. At the former location where ships left for Jakarta, lies a green oasis in the centre of the city. Hotel offers 200 luxurious rooms with a Indonesian influenced style. Enjoy breakfast, lunch and dinner at Café Jakarta or get a drink at the Malabar. Be pampered in luxury and relax in our wellness and swimming pool with views towards the river IJ.

Hotel Amenities

- Spa Services
- Elevator
- Concierge Desk
- Free WiFi
- Beauty Salon
- Bar/Lounge
- Fitness Room
- Laundry Available
- Restaurant On-Site
- Luggage Storage
- Pool
- Parking/Valet

Room Features

- Complimentary Newspaper
- Non-Smoking Rooms
- Voicemail
- Television
- Mini-Bar
- In-Room Safe
- Wake-Up Calls
- Alarm Clock
- Pay Movies
- Air Conditioning (Seasonal)
- Disabled Access / Rooms
- Air Conditioning
- Coffee Maker
- Desk
- Phone
- Hair Dryer
- Iron/Ironing Board
- Room Service
- Window Opens
- Internet Access
- Cable/Satellite
- Climate Control
- Complimentary Toiletries